



Vitality by Pro-Health Services

HEALTHY OMEGA PLUS*

A dietary supplement to support cardiovascular function and skin and hair health.*

Healthy Omega Plus* is a blend of non-GMO natural oils from Borage Seed, Flax Seed and Fish that combines the health benefits of Omega 3, 6 and 9 fatty acids.* It is a comprehensive "multi" fatty acid supplement that is rich in ALA, GLA, EPA and DHA.*

It provides a healthy balance of essential fatty acids that are critical to total body health. These fatty acids play a vital role in the structure of cell membranes, healthy hair and skin, and support cardiovascular, nerve, neurological and immune system functions.*

It also provides the desirable ratio of Omega 3 to Omega 6 fatty acids for more efficient and beneficial prostaglandin production.*

Recommended for:

- Hair and skin health*
- Support of blood pressure within normal ranges, vascular integrity and cardiovascular health*
- Healthy nervous system and organ function*
- Joint and bone health and comfort*
- Gastrointestinal, respiratory, and immune system health*
- Support of hormone balance within normal ranges*

Healthy Omega Plus* is a rich source of Omega-6, including Linoleic Acid (LA) and Gamma Linolenic Acid (GLA), and Omega 3 containing Alpha Linolenic Acid (ALA), Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), combined with Omega 9 (Oleic Acid).

Daily supplementation with GLA, ALA, EPA and DHA is the best way to ensure that you receive the health-protecting benefits of fatty acids.*

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Calories	10
Total Fat	1 g
Vitamin E (as d-alpha tocopherol)	6.7 mg
A proprietary blend of Borage Seed Oil, Fish Oil, and Flax Seed Oil	1,200 mg
yielding	
Alpha Linolenic Acid	178 mg
Linoleic Acid	171.6 mg
Oleic Acid	145 mg
Gamma Linolenic Acid	72.8 mg
EPA	120 mg
DHA	80 mg

Other ingredients: gelatin, glycerin, purified water.

Contains: Fish oil (anchovy and sardines).

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 1 softgel with food, 1-3 times daily or as directed by your healthcare practitioner.

Distributed by
Pro-Health Services
2975 Donnylane Blvd
Columbus, OH 43235
(614) 442-2600
www.prohealthservices.org



02PL367.090

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.